

Dreams, the Feminine, & Eternal Wisdom

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In my adult life I've had a series of dreams that led my soul on a quest. In one dream, I was handed a bag of red Mandan Bride corn kernels with instructions:



Each kernel is sacred as is the relationship between each kernel. There is an energy for the most holy that exists within each one of us. It supports every other relationship in life, and is not to be used for any other purpose. Therefore, do not speak badly about a single kernel.

In another dream I saw a bird, perhaps a dove, far off in the sky. It suddenly swooped down at the speed of a jet and flew straight into my chest, and a particular depression I had been experiencing was gone.

These dream experiences led me to wonder: How does a modern woman have such dreams? What are they a link to? And I know many of us have had such dreams.

I subsequently learned that in America, as in other parts of the world, the land is held sacred by indigenous peoples, as are the animals. If one is observant and receptive,

eventually one will encounter this mystery: this reverent way to be with life.

After my dream sequence, I was invited to participate in an indigenous event. Uncertain if I should attend, I then had this dream: I saw a pregnant woman, and was shown that there is a place in every woman, at the navel, that connects the personal to the universal. From the dream I realized that my hunger for this knowledge was perhaps larger than me, so I went.

Lately this event has come to mind: a four-day gathering held by grandmothers on Chumash land in southern California, organized by the Morning Star Foundation. The grandmothers included Lakota, Cheyenne, Inuit, Maori, Hawaiian, Mayan, and others.

During this potent meeting the grandmothers offered prophecies, warnings and guidance. We were told to take what we need and to leave the rest. The main theme was, "All women must work together."



Praying for the Earth

We are always in a circle!

This is how the feminine energy moves. And we must move our attention from the head down into the heart, and breathe deeply, as it is from here, the heart, where we can share.

Other instructions were given over the next few days:

Arise! Everyone stand up! No one is left behind. If your brother is sleeping, wake him up! Families, brothers, sisters, together, must travel freely now, for we are like fingers on one hand. The Creator is saying: Let my dancers be free. A great cleansing is happening.

And prophecies were shared:

It is through women that the planet will be healed. This includes the feminine in men too. It is less about teaching or learning.

It is about living love.

Women are like the earth in her natural condition: the earth loves and shares.

We can share the richness of being together, but if we turn it into a difficult mentality, or a mentality of separation, we will lose and there will be no gain.

It is important to share the knowledge of the ancestors here. And we women must not keep it to ourselves.

There is a lot of pain in women all over the planet. To heal is to love. It is to hear who we are, to listen with all our being, *to be here*. And also — to receive.

We are one heart, one mind, one prayer.

We must learn to cooperate, work together, and create a sense of unity with each other.

Plants and animals will teach us!



Reciprocity

It is not about where we go or what we do. For every culture has a language, a song, a prayer, which rejuvenates the land. Women, sing this into the land, then your heart can open.

And more instructions were given:

All of us walking, each a different color, we walk side by side, shoulder to shoulder. Get rid of all the conditioned layers. Just open your heart.

And let us not forget the men folk. Do not forget the men. Offer compassion and love. The men need this.

Take time for yourself. If we are doing things that require a lot of energy, we forget our purpose. So in order to get back into focus and keep good energy going, take time for yourself, even if you have gathered for a common goal.

There were pleadings: Our teenagers are the most vulnerable. They need to be completely and unconditionally loved by their grandparents:

“I can love you just the way you are. I forgive you,” we must tell them.

A Maori woman reminded us:

**It is women who hold the power -
the key to life.**

And there were deep sharings: one Chumash spiritual elder told of her life and the many wounds that had affected how she related to those close to her. She shared of her mistakes and her lessons. There was no anger, no bitterness as she told her stories with compassion. As she spoke, it was as if her medicine was healing the wounds of the women who sat in the circle around the fire, listening to her stories for several hours.

The stories touched those places of self-hatred, places of shame, and washed them clean. She said, “I first had to forgive myself to do this work I do today.”

**Forgiveness is the beginning of love.
Forgiveness for self –
this is the place we build from.**

We were taught the value of gathering and praying in a circle. This circle includes all the life around us: the animals, the plants, the sky, the earth, the trees, the wildlife. Even the insects are linked to this sacred quality within life. And this circle is any activity we are doing, including the words we write or the paints we are using.

**Learn to love the land.
Everything has been given to us
by God with love.**



The Tree Tells the Mountain

At the closing ceremony we were told:

Share this energy. And meditate!

I returned home, and just before I awoke the following morning, I saw, as if in a dream, the circle of grandmothers. They handed me a piece of obsidian, and said, “This is so you don’t forget.”

The grandmothers showed me how women can be, how they can share and give, like the earth. And receive.

These are the timeless words from the grandmothers who spoke of a “woman nation” where, just like the corn, each woman is a unique part of the whole of life.

I am rekindling these words and offering them to you today, four years later, because it is eternal wisdom that we need to hear and share now more than ever!